

Ladder Safety (Stepladders) Quiz

- 1. A major hazard while working from stepladders is a fall.**
a. True b. False
- 2. You should inspect a ladder weekly.**
a. True b. False
- 3. If your inspection reveals damage or missing parts to the ladder, you should tag the ladder "Do not use," and get another ladder.**
a. True b. False
- 4. If your ladder is not quite tall enough, it is OK to set it up on top of a stack of pallets.**
a. True b. False
- 5. Before you set up your ladder, check for traffic that could strike the ladder, overhead power lines, and soft ground.**
a. True b. False
- 6. Which of these is a safe work practice to use when you will be working from a stepladder?**
a. Fully open the ladder so that the spreaders lock into place.
b. Carry your toolbox in one hand while you are ascending the ladder.
c. Lean your torso outside the rails to reach the work area.
d. Use folded cardboard or scrap wood to level the base of the ladder.
- 7. Which of these is not a safe work practice to use when you will be working from a stepladder:**
a. Face the ladder when ascending or descending.
b. Lean a folded stepladder against a vertical surface for access to an upper landing surface.
c. Use a nonconductive ladder when you will be working with electrical installations.
d. Set up barriers to protect the area around the base of the ladder.
- 8. When you are climbing a ladder, you should always maintain which three points of contact?**
a. Two hands and a foot
b. Two feet and a hand
c. Any three body parts, for example, both feet and your torso, or both feet and one shoulder
d. Both a and b
- 9. Any stepladder may also be used as a scaffold if you lay it flat.**
a. True
b. False
- 10. If you need to move your ladder, it is OK to leave your work materials on the ladder while you climb down and relocate it.**
a. True
b. False

When you have completed this quiz, turn it in to your supervisor.

Name _____

Date _____

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Answers

1. a.

True. Falls are a primary cause of injuries when working from a stepladder.

2. b.

False. You should inspect a ladder before each use.

3. a.

True.

4. b.

False.

5. a.

True. Before you set up your ladder, you should check for the presence of traffic, overhead power lines, and soft ground.

6. a.

Fully open the ladder so that the spreaders lock into place.

7. b.

Lean a folded stepladder against a vertical surface for access to an upper landing surface.

8. d.

Both a and b—two hands and a foot or two feet and a hand.

9. b.

False. A stepladder should not be used for any purpose other than the one it was designed for.

10. b.

False. Ladders should never be shifted while people or materials are on them.

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